

spoke'n word

official newsletter of the Rapid Wheelmen Bicycle Club

COLORBURST



10.2025

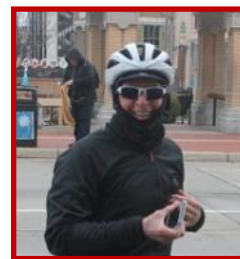
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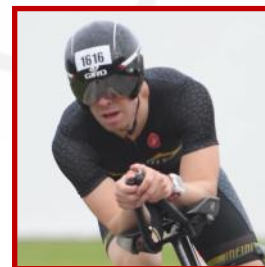
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club meeting

Club Meeting

Membership Meeting

Meeting: **No Meeting for October**

Where:

What:

Subscribe to the IO group chat here: <https://groups.io/g/RapidWheelmen>

Membership: <https://www.bikereg.com/rapid-wheelmen-membership>

Ride Around Kent County

We had 6 riders enjoy the epic 155 mile ride to touch all 4 corners of Kent County on Saturday, Sept 20th. Riders included Wael Berjaoui, Mike Burden, Courtney Hilbert, Vince Nienhuis, Ben Reese, and Kevin Smith. SAG drivers were Dan VanDyk, Gary Harkins, and Dave Durkee. It was a great day for a ride and only some people needed to use the SAG to skip a part of the route. The bridge was out in Freeport, so other means was devised to get down the road. As always, great food and sandwiches powered everyone around.



Editor

Dave Durkee



The weather has been far too good lately to spend almost any time indoors. Just yesterday I rode with 3 good riders on the normal Saturday AM Dawn Patrol. We met up with Maureen Hammond's co-ed group out at Johnson Park, then took a very scenic 50+ mile ride through apple harvest country.

Because of such adventures, I have been tardy in getting this month's newsletter out to the masses. So sorry (not!)

By far I want to encourage you to think about joining the club's [Colorburst ride](#) on **October 18th**. We'll have a big pancake breakfast with all the fixings at Chief Hazy Cloud Park in Ada, MI. Registration is at 9am through Noon and we'll wrap up the ride by 4 pm. Since this is a tour, there is no mass start nor timing of the event. You leave when you want, and just take your time to enjoy all the colors that nature provides.

Cover image: A view of the Flat River north of Belding on the Colorburst 100K Gravel route.

Photo: Dave Durkee

Disembark on one of 4 colorful routes all crossing the famous Fallasburg Covered Bridge. We have a new 100K Gravel route with 2x the gravel of last year's route. And just last week I put the finishing touches on a brand new 50K Gravel route that you'll really enjoy. Of course we still have 2 completely paved routes for the road rider, also 50K and 100K.

All the details of the ride can be found on the club's website, which will include a link to BikeReg for registration and links to the routes via Ride with GPS. I would encourage you to "Join" the Event in Ride with GPS from the RW website's [Colorburst page's](#) link to RWGPS.

You may sign up on the day of the event too at the park. I hope to see you there!

Dave

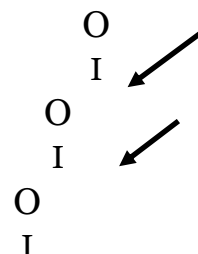
Riding the Paceline

Part 5

by Dave Durkee

So we know that depending upon the strength and direction of any sideways wind, we will want to stay on the downwind side. For light winds, moving just to the downwind side is enough. For strong winds, we made need to overlap our front wheel with the rear wheel of the rider ahead of us. Be calm everyone and hold your line!

Now in a wind from the right, everything lines up well as the lead rider rides near the edge of the road and other riders just stagger behind.



Naturally then, it all works.

But what if the wind is from the left? If the lead rider is riding on the right edge of the road, the best draft line to the right will be off the road! This is not near as efficient as the staggered formation seen above. So if we want to help our fellow riders out, the lead rider should move left to the middle of the lane to allow riders behind to stagger behind for best drafting (assuming traffic conditions permit this formation).

I've been on many group rides where I wished the lead rider moved upwind to give a better draft, but it almost never happens. Maybe you can try though?

Road Racers are very cognizant of this effect as they'll make room for their team mates, but will deny that part of the road downwind to any adversary. Final sprints with barriers and strong winds are won more often with proper positional placement than actual power.

2025 COLORBURST



COLORBURST REGISTRATION IS OPEN!

WHEN: Saturday, October 18th

Day-of Registration open 9:00am till Noon. Ride from 9:00am till 4:00pm

WHERE: Chief Hazy Cloud Park, Ada, Michigan

WHAT: Pancake breakfast, coffee and other goodies to start you out on any of 4 routes for a day of glorious colors. When you return we'll have home-made baked goods, fruit, and replenishing beverages.

NEW ROUTES for 2025! We have added a 50K Gravel Route in addition to our improved 100K Gravel Route with **double** the gravel of last year. Our 100K Road Route has also been improved for more leisurely scenic touring. The 50K Road Route remains the same. All routes go to the historic Fallasburg Park covered bridge.

Pre-Registration through [BikeReg](#)

Ride with GPS Routes and all the details are available here:

[Rapid Wheelmen Colorburst Tour Page.](#)

All proceeds from this ride are donated to charity.



ride calendar

October 2025

Day	Date	Ride Name	Ride Start	Ride Details	Contacts
MON	Done for 2025	Ada Time Trials	On site Registration 5:30 to 6:15 First rider off at 6:30:30	Start at Ada Park, Buttrick and Grand River. Registration in East parking lot off of Grand River. 15 mile time trial. Registration available off site at Webscorer.com . "Day of" registrations still available on-site from 5:30 to 6:15 pm	Dave Durkee TimeTrials@rapidwheelmen.com
MON	2025	GRavel Grinderz	6:30 pm	Friendship Christian Reformed Church, 190 100th St SE (corner of 100th & Division)	Tom Westrick tjwestrick@gmail.com Nick Siegel Nicholassiegel@mac.com
WED	2025	Challenger	6:20 pm "C" 6:20 pm "B" 6:30 pm "A"	Challenger Elementary School 2475 52nd St. Slow, Good + Fast paces, 30-50 miles	Tom Westrick tjwestrick@gmail.com
WED	2025	Wednesday AM Casual Ride	Check IO group or email Ride Leader	Usually 20 to 40 miles at a slow to moderate pace. Great for beginners or seasoned riders!	Patrick Florian Check RW IO group email
Various	Any Time	Virtual Zwift Rides	Varies	Group workouts or just rides for fun and fitness. Look for "Rapid Wheelmen"	Join Rapid Wheelmen group discussions on Facebook's Instant Messenger, RW Zwift Club, RW Stava Club
SAT	2025	Saturday AM Casual "Mystery" Ride	TBD	Usually 20 to 40 miles at a slow to moderate pace. Great for beginners! See RW IO group email posts or email ride leader	Bob Ayars rsayars@sbcglobal.net
SAT	2025	Dawn Patrol	Time varies	45-65 miles at good to fast pace. Check IO group or Facebook IM "Rapid Wheelmen" for details	Mike Burden 616-915-2048 mwb@mwburden.com
SAT	Saturday Oct 18th	ColorBurst	Start 9:00 am to Noon	Following a pancake breakfast, 4 different routes, all going the the famous Fallasburg Park Covered	Dave Durkee davedurkeeod@gmail.com

For Sale

2022 Cervelo Caledonia 5, 56cm Ultegra 12speed DI2 Dura Ace Crank w power meter Disc Brake

Only 1003 miles — perfect

\$ 4000



Stock image

2010+- Cervelo P3 56cm TT bike 10spd Ultegra

Set of Alloy Clincher training wheels



Similar image

And a Zipp 909disc and Zipp front wheel these are tubular with excellent tires

A great introductory TT bike

\$900.00 obo

Various rim brake wheels

And a bunch of parts/ seats components etc. Call let me know what you need to finish your build

Pictures available on request

Tim Fox: cfoxkennels@gmail.com

PH # 616-520-5151

For Sale

Posting on behalf of Matt Mead.

Cervelo P3, circa 2003 or 2004. Campagnolo cranks and chainrings, Ultegra shifters. Disc rear wheel and tri spoke front.

Hoping to find someone who will put this to good use for time trials and triathlons, so it won't collect dust in Matt's garage!

Email or message me directly if you are interested.

mwburden@mwburden.com



For Sale

Wheelset #1 for Sale — Bontrager front, Stay True rear—10 speed. \$100 for both or \$50 each



Wheelset #2 for Sale — Bontrager Front, Bontrager Rear 10-speed
\$110.00 per set



For Sale

Wheelset #3 : Zipp Super 9 disc wheel, no imperfections, 10-speed hub

Zipp 909 Front

Comes with Continental Tubular wheels.

I can glue on your tire for \$30.00 a tire

\$800 for the set



For more information or photos, contact
Matt Cederquist: matt@mcederquist.com

bike shops

1. Alger Bikes

120 - 28th St. S.W.
Grand Rapids, MI 49548
(616) 243-9753
www.algerbikes.com

2. biked.

2312 28th St SE
Grand Rapids, MI 49508
(616) 234-0134
https://www.biked.app/

3. Freewheeler Bike Shop

915 Leonard Street NW
Grand Rapids, MI 49504
(616) 451-8011
www.freewheelerbikeshop.com

4. GRBC (Ada Bike Shop)

597 Ada Drive
Ada, MI 49301
(616) 682-2453
www.grandrapidsbicycles.com

5. GRBC

1311 Fulton St E
Grand Rapids, MI 49503
(616) 458-2200
www.grandrapidsbicycles.com

6. West Michigan Bike and Fitness

2830 East Paris Ave, SE
Kentwood, MI 49512
(616) 942-1880
www.westmichiganbike.com

7. Rockford Bike Shop

169 Marcell Dr NE
Rockford, MI 49341
(616) 951-7181

8. Village Cycle & Fitness

450-A Baldwin Jenison, MI 49428
(616) 457-1670
www.villagebikeshop.com

9. Village Cycle & Fitness

5991 Kalamazoo Ave SE
Grand Rapids, MI 49508
(616) 455-4870
www.villagebikeshop.com

10. Village Cycle & Fitness

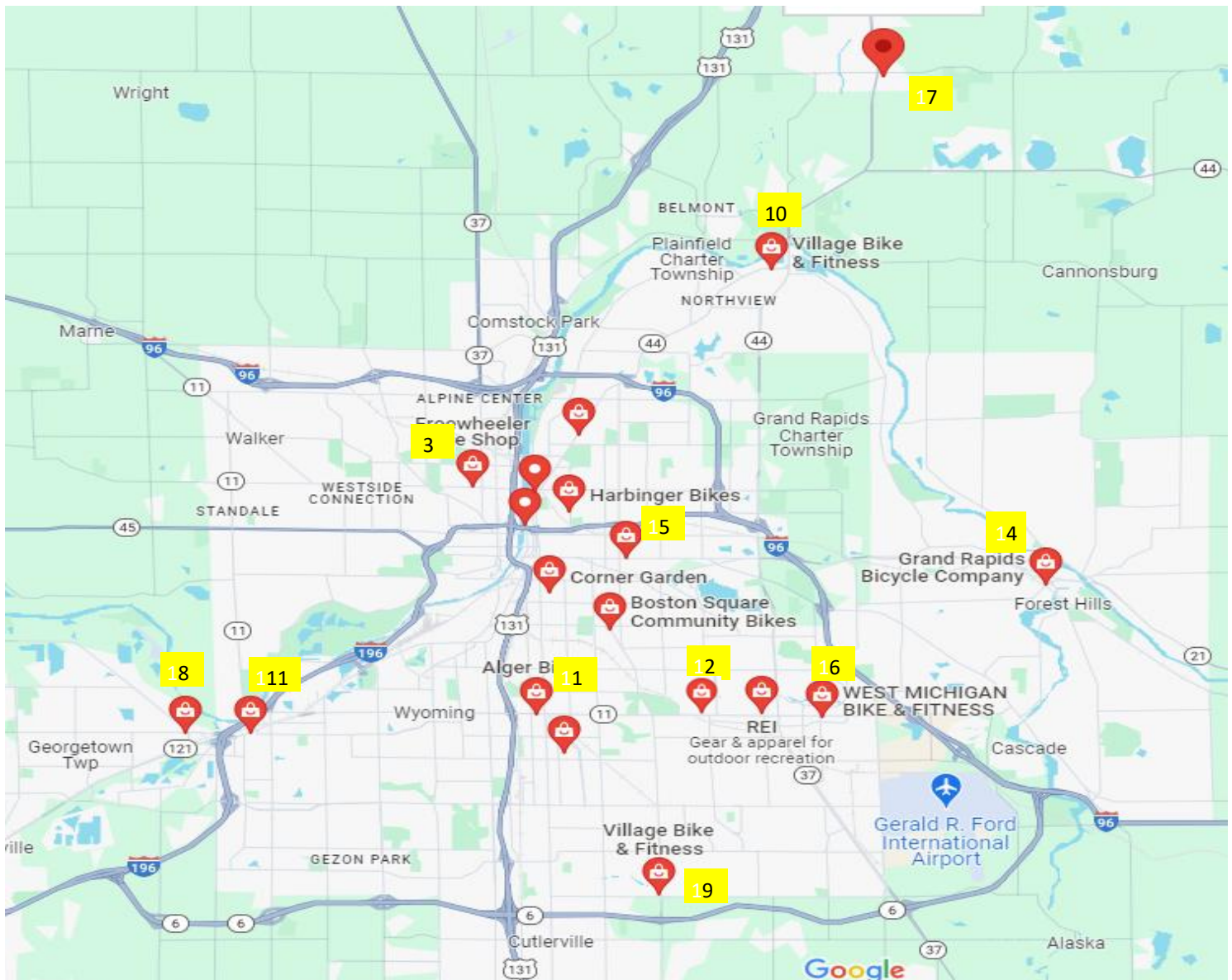
5278 Plainfield Ave NE
Grand Rapids, MI 49525
(616) 361-3661
www.villagebikeshop.com

11. West Michigan Bike and Fitness

4300 Chicago Dr. SW
Grandville, MI 49418
(616) 531-9911
www.westmichiganbike.com



Click [HERE](#) for GGRBC's List



Rapid Wheelmen
PO Box 1008
Grand Rapids, MI 49501



Support your club, ride in club colors! Items will be available for purchase at club meetings and events.



t-shirts - \$12
shorts - \$65
bib shorts - \$70
jersey - \$60
water bottle - \$10

To arrange a purchase, contact:

Randy Higgins: treasurer@rapidwheelmen.com

IO Groups

Join the Rapid Wheelmen IO Group!

<https://groups.io/g/RapidWheelmen>



Like us on Facebook!

@RapidWheelmen

@RapidWheelmenTimeTrials

